

# Facilitating Learning Using Appreciative Inquiry



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Who we are....

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## Appreciative Inquiry

1. Tell your partner about a peak experience or high point in your professional life... ...a time when you felt most alive, most engaged, and really proud of yourself and your work.
2. Without being humble, what do you value most about
  1. Yourself, and the way you do your work? What unique skills and gifts do you bring to your work?
  2. Your work? What makes your work valuable?



## Working with youth

- **CHILL** (Communities Helping Improve Local Lives)  
Positive Choices Youth Task Force
- **RELATE** (Relationship Education Leading Adolescents Toward Empowerment)
- **SODA** (Students Organized for Developing Attitudes)



## Empowering Youth

Young people want to be engaged as change-makers in their lives, their families and their communities.

They are disproportionately involved in and affected by the problems that beset communities—drugs, violence, poor education, lack of jobs—and they **must** be part of the solution.



## Youth Development Assertions

- Problem free is not fully prepared
- Preventing problems does not necessarily promote development
- Youth development is the best strategy for problem prevention
- Youth development is the best strategy for achievement
- The goal is not to fix youth but to develop them.

## Developing YOUTH involves challenges.

- They're young!
- They're inexperienced!
- They're very busy!
- They need mentoring!



## Developing YOUTH brings unique qualities to your programming

What qualities do youth bring to the table?

By providing opportunities for them to use their talents.



- Experiential learning
- Appreciative inquiry

## Experiential Learning



I hear, and I forget  
I see, and I remember  
I do, and I understand.  
—Ancient Chinese proverb

## Experiential Learning

- ✓ EXPLORATION: "Do it"
- ✓ SHARING: "What Happened"
- ✓ PROCESSING: "What's Important?"
- ✓ GENERALIZING: "So What?"
- ✓ APPLICATION: "Now What?"

## Appreciative Inquiry

- Appreciation: recognize and value
- Inquiry: exploration and discovery





## Experiential Learning with Appreciative Inquiry

- Do it
- Share and Process with appreciative questions:
  - When were you at your best?
  - What was most helpful to your success?
- So what?
- Now what?

SOOOO.....



Let's Do It!!

## What do you know now about Appreciative Inquiry?

How will this help you in your  
work with coalitions and youth?

## Contact Information

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